CUFINHEALTH

Our Shared Journey: Improving the Current and Future State of Consumer Financial Well-Being









CUFINHEALTH



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The Financial Health Network is a trusted resource for business leaders, policymakers, and innovators united in a mission to improve the financial health of their customers, employees, and communities. We envision a future where all people, especially the most vulnerable, have the financial systems they need to be resilient and thrive.



THE REALITY

\$13.3 trillion total household debt

\$6.8 - \$14 trillion retirement savings deficit

\$1.5 trillion student loan debt

































































U.S. FINANCIAL HEALTH PULSE

A groundbreaking research initiative that provides an ongoing snapshot of the financial lives of people in America.











OUR FUNDERS

OUR PARTNERS

Financial Health Framework



1.
Spend less than income

2. Pay bills on time



3.
Have sufficient liquid savings

4.
Have sufficient
long-term savings



5.

Have manageable debt

6.
Have a prime credit score



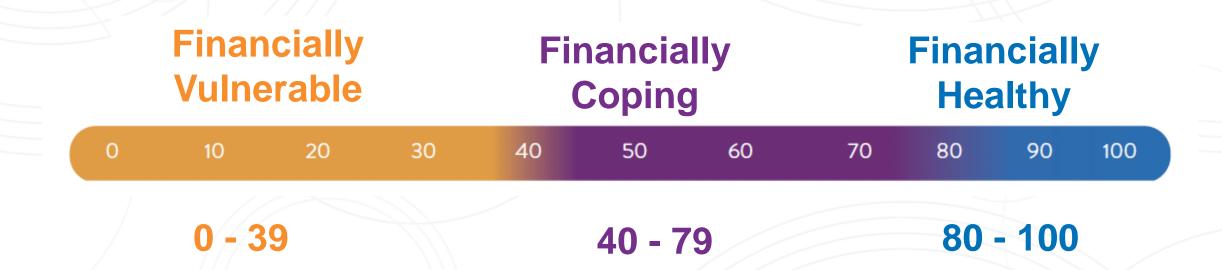
7.
Have appropriate insurance

8.
Plan ahead
financially





Interpreting FinHealth Scores™





Only 29% of Americans are Financially Healthy.

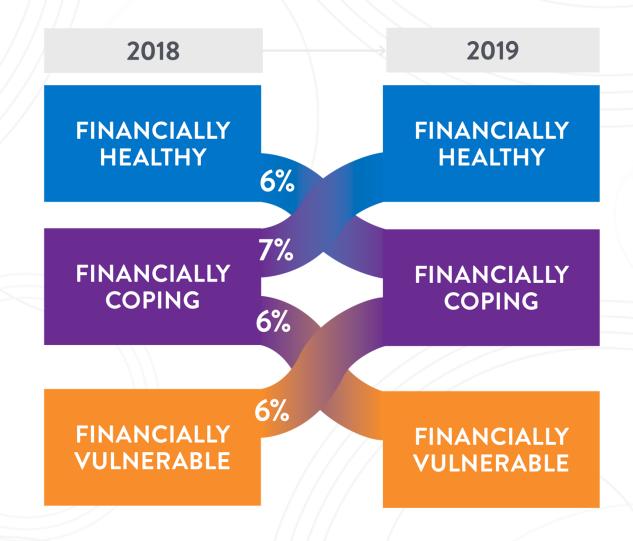








Nearly a quarter of people (24%) changed financial health tiers over the course of a year.





Income ≠ Financial Health



15%

of people with household incomes less than

\$60,000

are Financially Healthy



48%

of people with household incomes of at least

\$100,000

are Financially Coping or Vulnerable



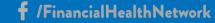
Thank You!

Brenton Peck

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@bpeck_finhealth





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- **y** ⊚FinHealthNet

Pathways to financial well-being

National Credit Union Foundation | April 21, 2020

Janneke Ratcliffe, Assistant Director Office of Financial Education



Disclaimer

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for consumer financial products and services and that markets for consumer financial products and services are fair, transparent, and competitive.

- (b) Objectives.—The Bureau is authorized to exercise its authorities under Federal consumer financial law for the purposes of ensuring that, with respect to consumer financial products and services—
 - (1) consumers are provided with timely and understandable information to make responsible decisions about financial transactions;
 - (2) consumers are protected from unfair, deceptive, or abusive acts and practices and from discrimination;
 - (3) outdated, unnecessary, or unduly burdensome regulations are regularly identified and addressed in order to reduce unwarranted regulatory burdens;
 - (4) Federal consumer financial law is enforced consistently, without regard to the status of a person as a depository institution, in order to promote fair competition; and
 - (5) markets for consumer financial products and services operate transparently and efficiently to facilitate access and innovation.
 - (c) FUNCTIONS.—The primary functions of the Bureau are—
 (1) conducting financial education programs;
 - (2) collecting, investigating, and responding to consumer complaints;
 - (3) collecting, researching, monitoring, and publishing information relevant to the functioning of markets for consumer financial products and services to identify risks to consumers

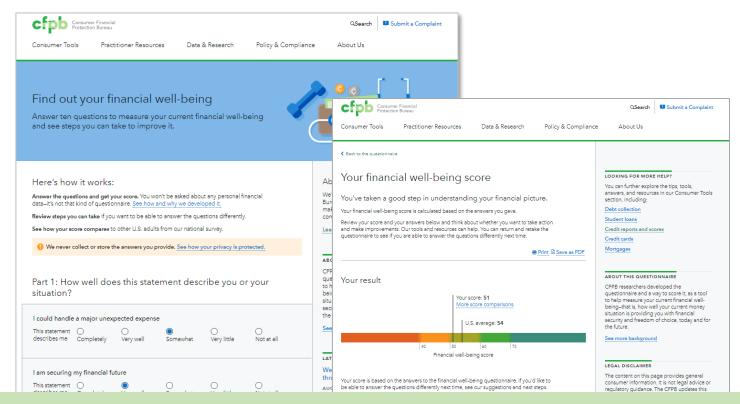
Understanding Financial Well-being

What is financial well-being?

	Present	Future
Security	Control over your day-to-day, month-to-month finances	Capacity to absorb a financial shock
Freedom of choice	Financial freedom to make choices to enjoy life	On track to meet your financial goals



Find your financial well-being score:

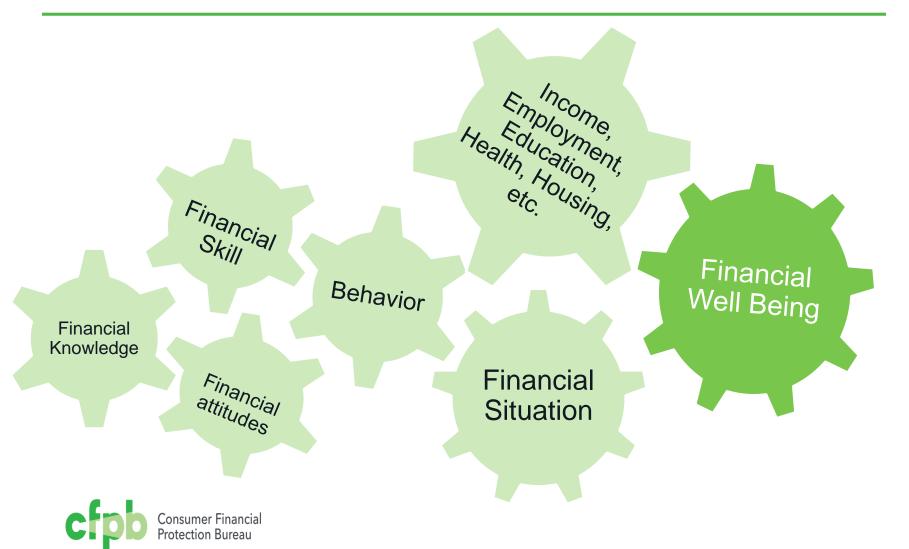


consumerfinance.gov/consumer-tools/financial-well-being/



VERY LOW 0-29	LOW 30-37	MEDIUM LOW 38-49	MEDIUM HIGH 50-57	ні б н 58-67	VERY HIGH 8-100
	Pe	se ranges tend	to experience th	e follow	
 Just 5% are certain they could come up with \$2,000 for an emergency. Most (82%) sometimes or often experience food insecurity or food hardship. Almost all (96%) find it somewhat or very difficult to make ends meet. 	 Few (23%) habitually save and only some (38%) have more than \$250 in liquid savings. Just 12% always stay on budget. Nearly half (45%) have experience with debt collectors. 	 Most (60%) have minimal savings of \$250 or more, but only 30% have \$2,000 or more. Almost all (80%) find it somewhat or very difficult to make ends meet. Some (32%) have had a credit application rejected or are concerned about credit rejection. 	 More than half (55%) have automated deposits into a savings or retirement account. A minority (32%) always pay off credit cards in full. Few (16%) sometimes or often experience food insecurity or hardship. 	 The vast majority (81%) are certain they could come up with \$2,000 for an emergency. Just 35% always stay on budget. Very few (6%) have experienced a credit rejection or are concerned about credit rejection. 	 Most have high levels of savings; 80% have \$10,000 or more in liquid savings. The majority (69%) make automated deposits into a savings or retirement account. Most (81%) have health insurance.

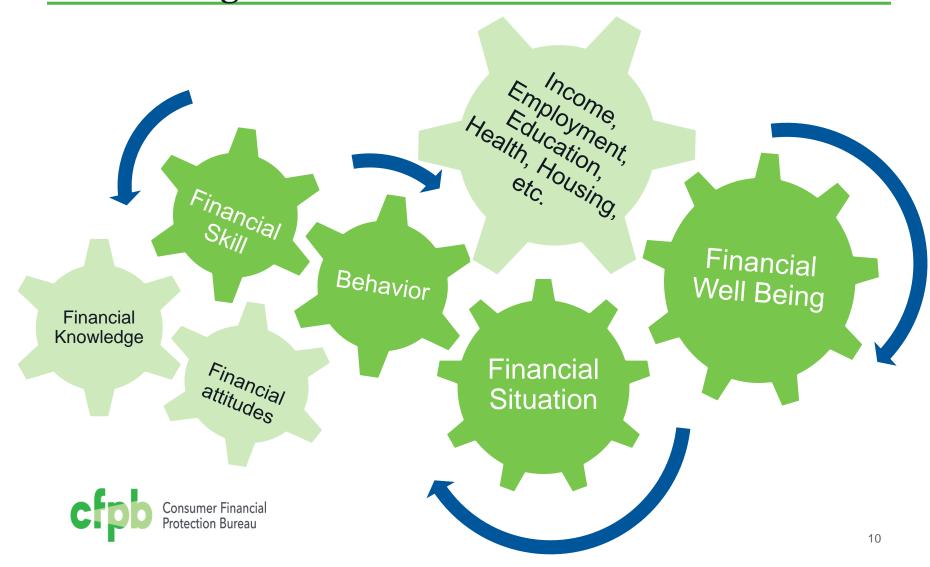
What contributes to financial well-being?



Improving Financial Well-being

The role of financial education

Financial education as a pathway to financial well-being



Financials skill as a pathway to financial wellbeing

Knowing **how to**:

- Ask: Find reliable information to make financial decisions.
- Plan: Process financial information to make financial decisions.
- Act: Execute financial decisions, adapting as necessary to stay on track.



Savings as a pathway to financial well-being

	Present	Future
Security	Control over your day-to-day, month-to-month finances	Capacity to absorb a financial shock
Freedom of choice	Financial freedom to make choices to enjoy life	On track to meet your financial goals



There is a liquid savings shortfall

- To cover a \$400 emergency expense, 39% would borrow or sell something, or simply would not be able to cover it (Federal Reserve SHED 2018).
- Only 49% report having 3 months of emergency funds, with big gaps by age, income, education, and degree of income volatility. (FINRA FinCap 2018).
- 48% said they did not have a habit of saving (CFPB Financial Well-Being 2016).



Call to Action

"When I saw that statistic and heard ... about the gravity of the situation, it led me to believe that we at the CFPB needed to take a leadership role in helping to improve this situation and to empower consumers to build more liquid savings."

- CFPB Director Kathy Kraninger

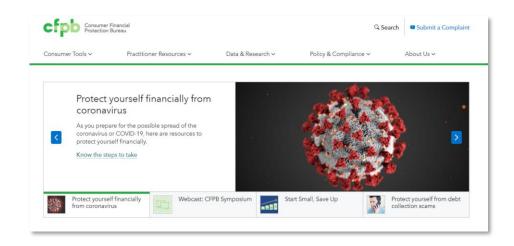


Protecting Financial Well-being

Coronavirus resources

Commitment to supporting consumers

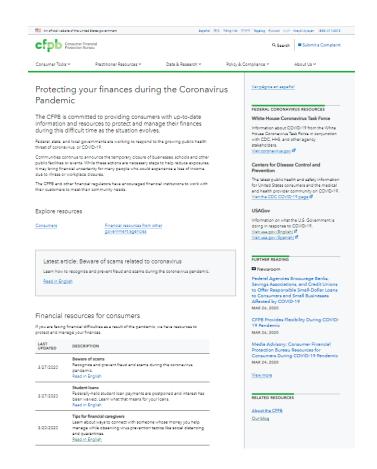
The CFPB is committed to providing consumers with up-to-date information and resources to protect and manage their finances during this difficult time and as the situation evolves.





ConsumerFinance.gov/coronavirus: a hub for critical content

- ConsumerFinance.gov
- Resources in English and Spanish
- Check back for updates





Topics: A growing list of information

- √ Protect yourself financially
- √ Protecting your credit
- √ Submit a complaint if you're having a problem with a financial product or service
- √ Dealing with debt: Tips to help ease the impact
- $\sqrt{\text{Tips}}$ for financial caregivers; Resources for parents, teachers, youth
- √ Student loans
- $\sqrt{}$ Be aware of scams
- √ Mortgage relief options & video on how forbearance works
- √ A guide to COVID-19 economic impact payments
- $\sqrt{}$ Financial resources from other federal agencies



If you have trouble paying bills, or loans, or paying on time...

- $\sqrt{}$ Contact your lenders, loan servicers, and other creditors.
- $\sqrt{}$ Be prepared to explain:
- Your financial and employment situation
- How much you can afford to pay
- When you're likely to be able to restart regular payments
- Be prepared to discuss your income, expenses and assets



Protecting your credit during the coronavirus pandemic

- $\sqrt{\text{Get a copy of your credit report.}}$
- √ If you can't make payments, contact your lenders. Get confirmation of any agreements in writing.
- √ The CARES Act places special requirements on companies that report your payment information to credit reporting companies.
- √ Routinely check your reports and report and dispute inaccurate information.
 - $\sqrt{\ }$ *Use the CFPB's step-by-step guide to dispute that information:*

ConsumerFinance.gov/coronavirus



Coronavirus and dealing with debt

- ✓ If you have a debt in collections, you can work with collectors to identify a realistic repayment plan.
- ✓ **Know your rights.** The Fair Debt Collection Practices Act (FDCPA) says that a debt collector is not allowed to use unfair practices in trying to collect a debt
- ✓ **Settling your debt.** Consider all your options, including working with:
 - a nonprofit credit counselor
 - negotiating directly with the creditor or debt collector yourself.
 - ✓ Warning: Debt settlement may well leave you deeper in debt than you were when you started.
- ✓ Resources for contacting and negotiating with debt collection companies:

Consumerfinance.gov/consumer-tools/debt-collection



Student Loan Repayment Options

- ✓ If your loan is held by the **federal government**, your payments are postponed with no interest until September 30, 2020.
- ✓ For **other kinds of student loans**, contact your student loan servicer to find out more about your options.
- ✓ What you need to know about student loans and the coronavirus pandemic:

ConsumerFinance.gov/coronavirus



Mortgage payment options

For many homeowners with mortgages, there's help, but first assess your situation.

- If you can pay your mortgage, pay your mortgage.
- If you **can't** pay your mortgage, or can only pay a portion, contact your mortgage servicer immediately.

Coronavirus Aid, Relief, and Economic Security (CARES) Act relief options for homeowners with *federally backed mortgages*:

- Foreclosure moratorium
- Forbearance



- > CFPB Website https://www.consumerfinance.gov/
 - ✓ Answers to common money questions
 - ✓ Financial well-being scale and how to use it: https://www.consumerfinance.gov/practitioner-resources/financial-well-being-resources/
 - ✓ Special resources for protecting finances from Coronavirus impact: ConsumerFinance.gov/coronavirus
 - ✓ Join the CFPB FinEx network:
 https://www.consumerfinance.gov/practitioner-resources/adult-financial-education/

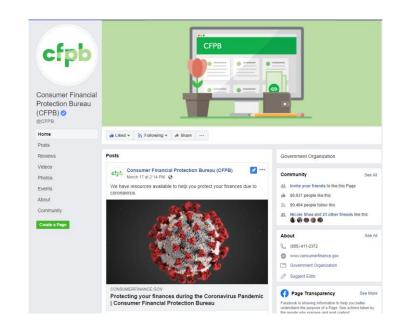


Social media

Facebook: facebook.com/CFPB

Twitter: @CFPB

YouTube: youtube.com/cfpbvideo





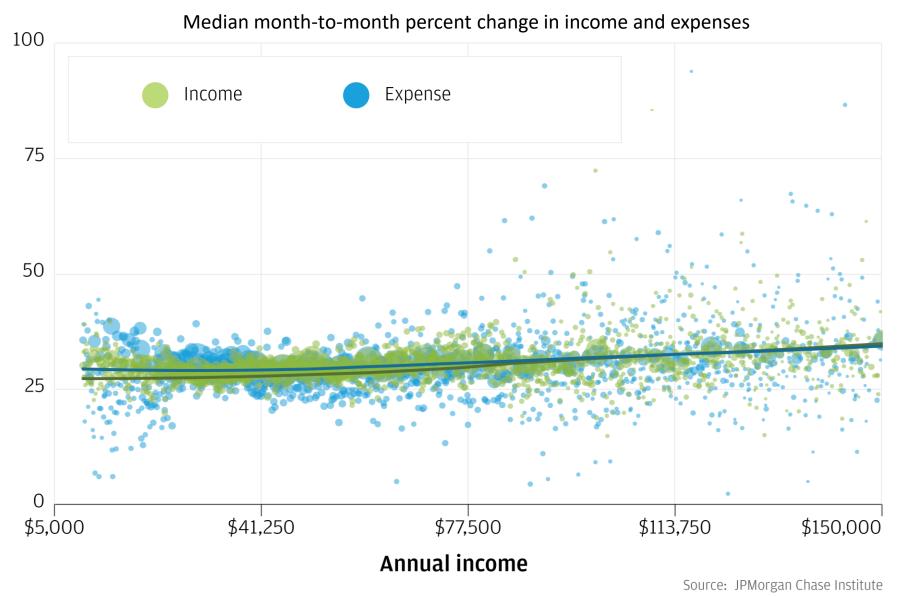
A GLOBAL THINK TANK DEDICATED TO DELIVERING DATA-RICH ANALYSES AND EXPERT INSIGHTS FOR THE PUBLIC GOOD

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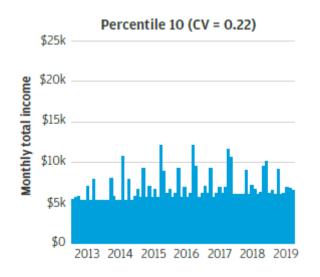
INSTITUTE

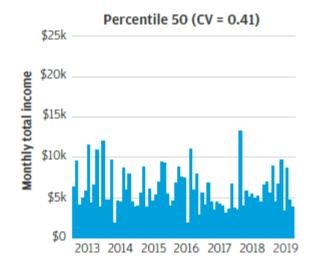
Families experience high income and spending volatility on a month-to-month basis.

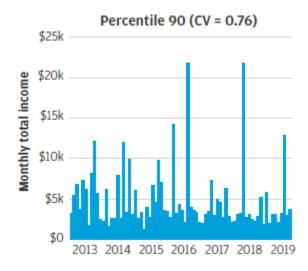


There is wide variation in the levels of income volatility families experience, both across families and also for a given family over time.

Illustrative monthly income patterns for families at different points of the volatility distribution







Probability of staying in the same quintile year-on-year





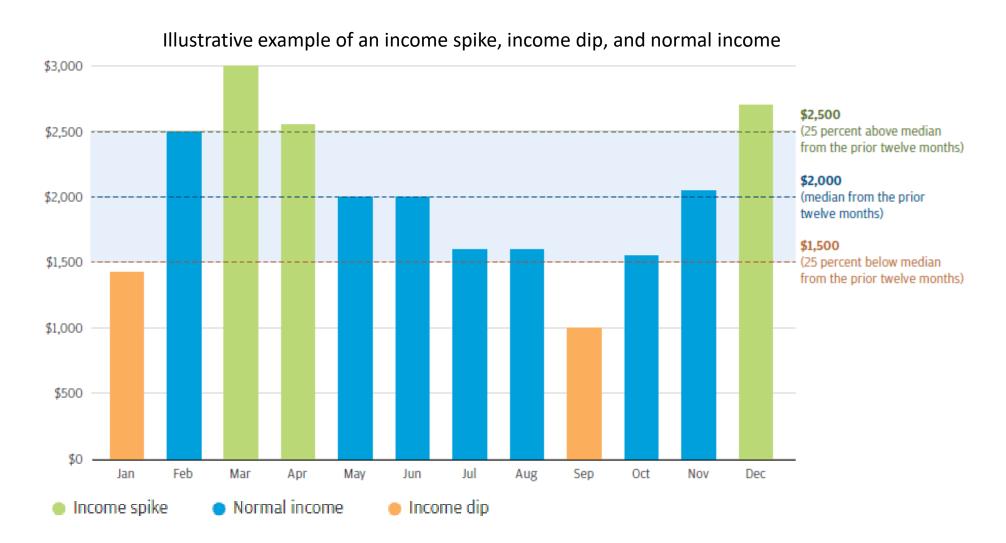


Notes: (1) For each hypothetical income pattern we show, we do not reflect actual account holders' cash flow patterns. We multiply each family's monthly incomes by a random scaler between 0 and 1 that is undisclosed. (2) Coefficient of Variation (CV) thresholds shown in Figure 7 are calculated as the average of yearly CV at the individual level. In prior charts, including Figure 6, CVs are measured at the family-month level.

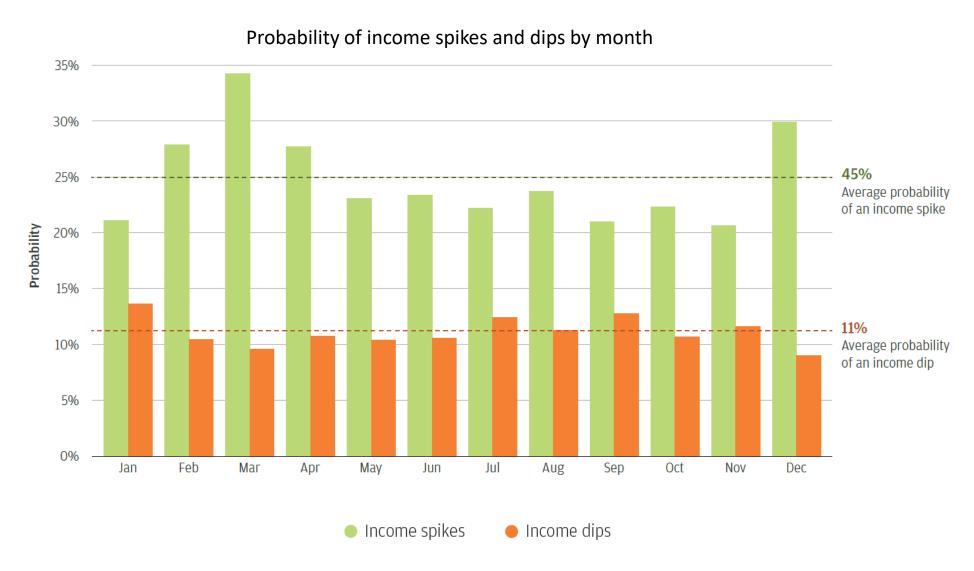
Source: JPMorgan Chase Institute

Families experience large income swings in almost five months out of the year.

Income spikes and dips are swings that are more than 25% above or below the prior year median.



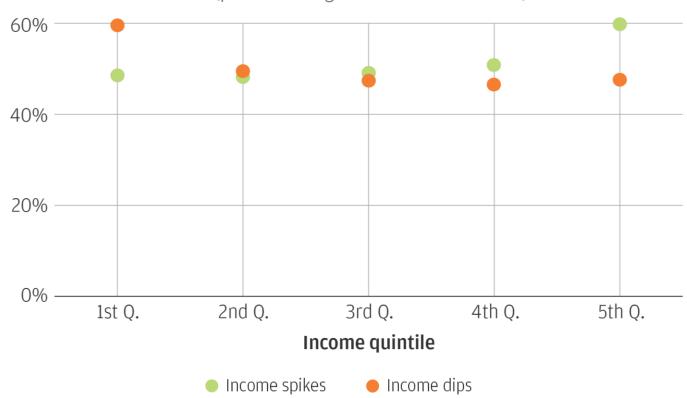
Income spikes are twice as likely as income dips and most common in March and December.



Income volatility is greatest amongst the young and the high income. However, downside risks, in terms of the magnitude dips, are greatest among low-income families.



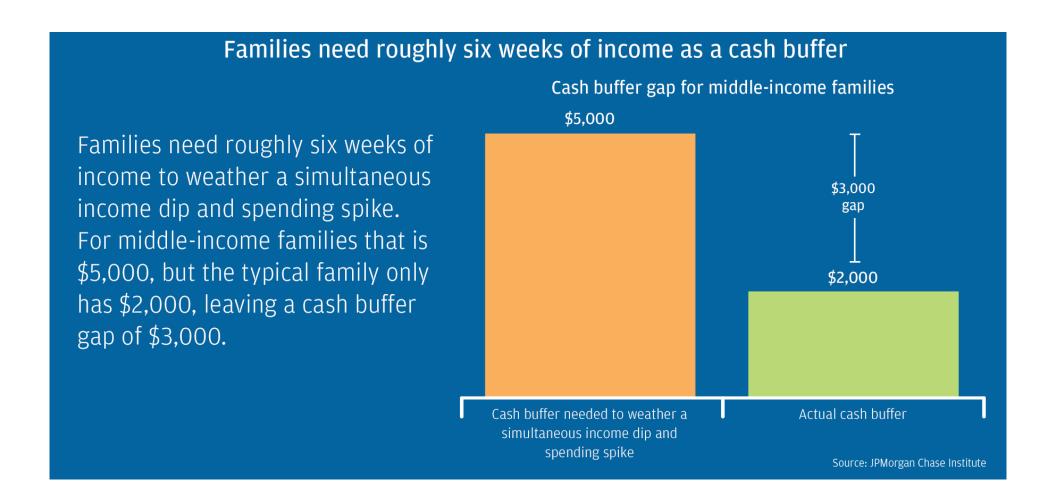
(percent change from baseline income)



Note: Income quintile ranges: Quintile 1: < \$29K, Quintile 2: \$29K-\$43K, Quintile 3: \$43K-\$61K, Quintile 4: \$61K-\$95K, Quintile 5: >\$95K.

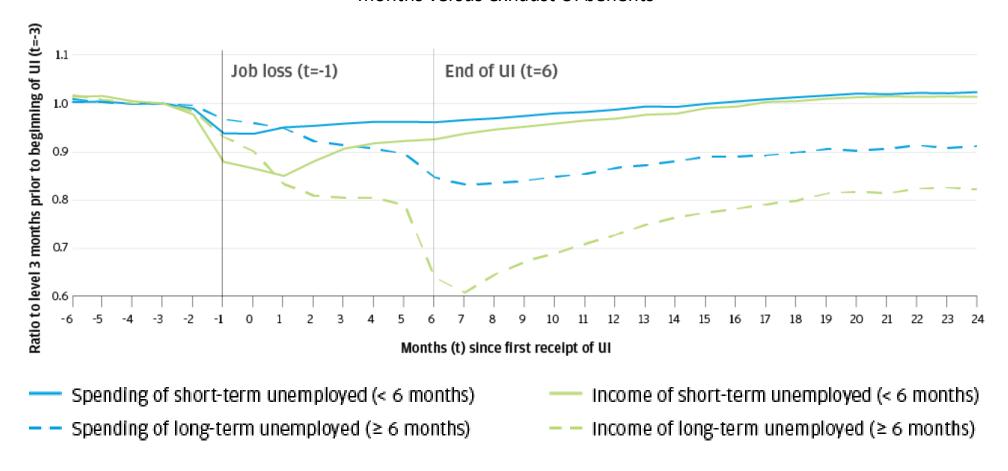
Source: JPMorgan Chase Institute

Middle-income families need \$5,000 to weather a simultaneous income dip and expenditure spike, but typically had only \$2,000.



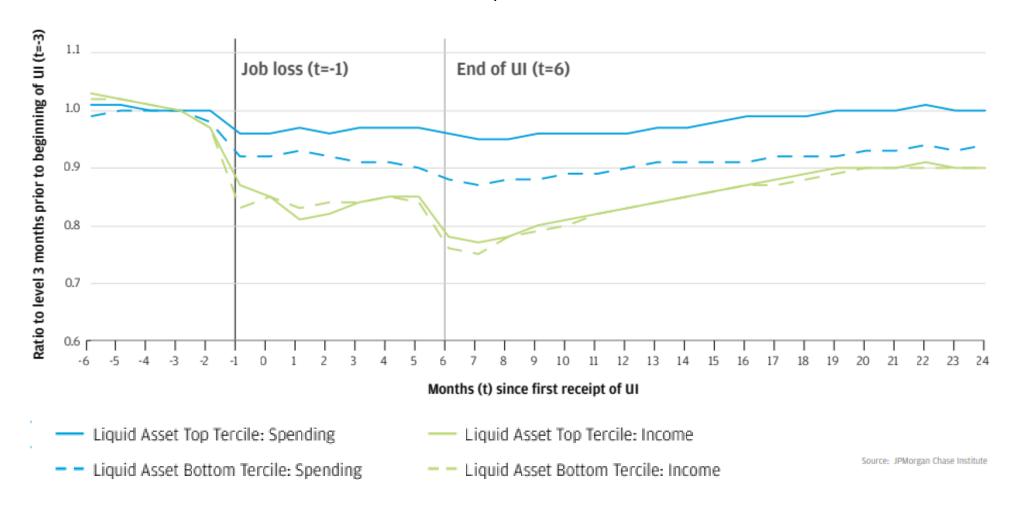
Involuntary job loss: Income and spending recover within 18 months for the short-term unemployed but remain depressed for the long-term unemployed

Income and spending among Unemployment Insurance recipients who find a job within 6 months versus exhaust UI benefits



Involuntary job loss: Families with low liquid assets cut their spending the most upon job loss and when UI benefits run out

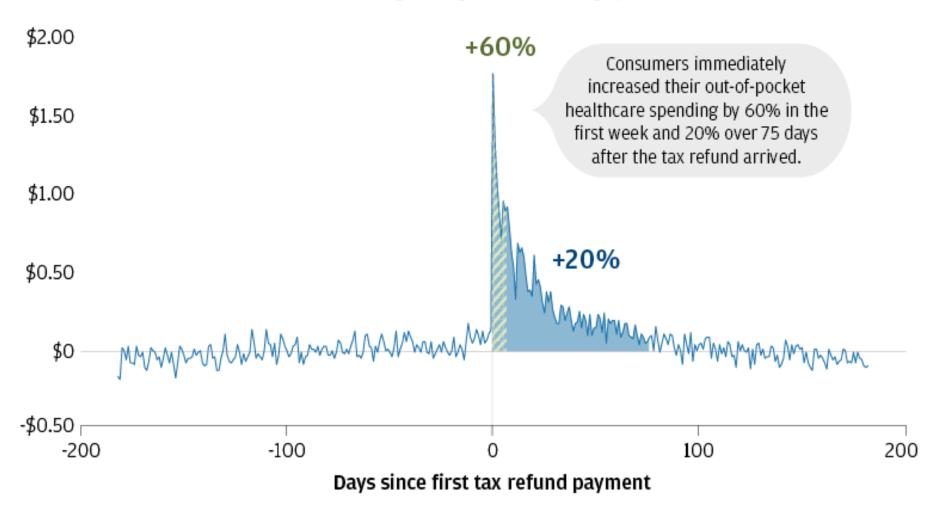
Income and spending among Unemployment Insurance recipients, by top and bottom tercile of liquid assets



Tax Refunds (and Stimulus Payments?): Out-of-pocket healthcare spending increases when people receive their tax refund, especially among families with limited liquid assets.

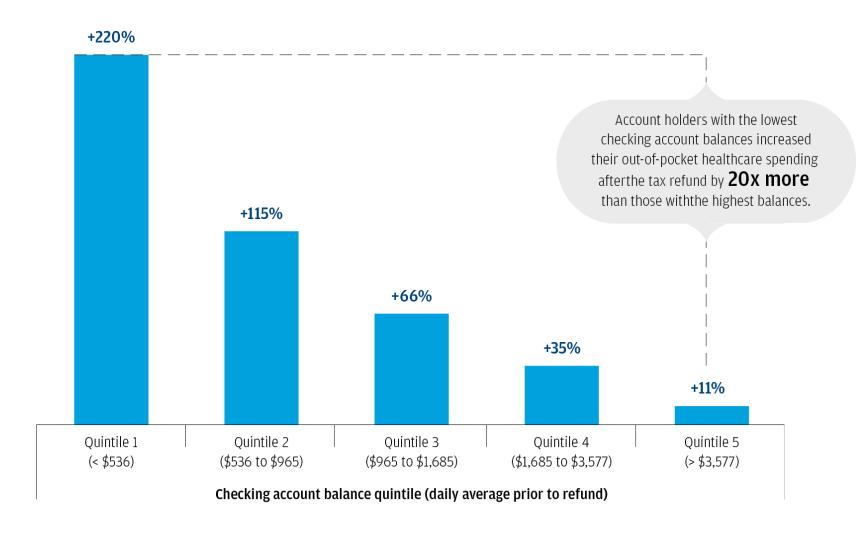
Out-of-pocket healthcare spending per account per day

(Difference from average during 6 months leading up to refund)



Tax Refunds (and Stimulus Payments?): Out-of-pocket healthcare spending increases when people receive their tax refund, especially among families with limited liquid assets.

Increase in out-of-pocket healthcare spending in the week after the arrival of the tax refund

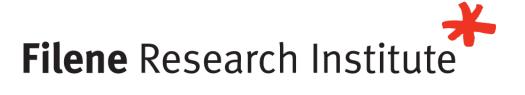


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IMPROVING THE CURRENT AND FUTURE STATE OF CONSUMER FINANCIAL WELL-BEING

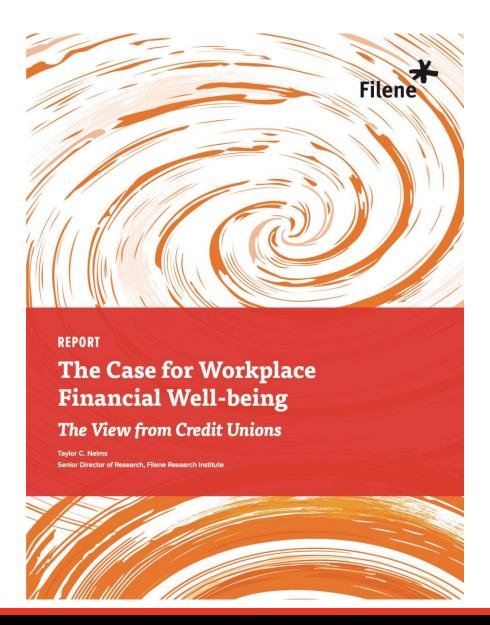
Actionable Insights from Filene Paul Dionne

Filene Research on Financial Well-being

- ★ For up-to-date resources specific to COVID-19, refer to Filene's Resource Hub filene.org/resourcehub
- ★ The Case for Workplace Financial Well-being: The View from Credit Unions filene.org/480
- → Pathways to Financial Well-being: Qualitative Findings from the Reaching Minority Households Incubator filene.org/500
- ★ Center of Excellence for Consumer Financial Lives in Transition [New!] filene.org/learn-something/lives-in-transition







THE CASE FOR WORKPLACE FINANCIAL WELL-BEING

More than 50% of workers experience FINANCIAL STRESS.



FINANCIAL STRESS IMPACTS



Physical Health



Emotional Health

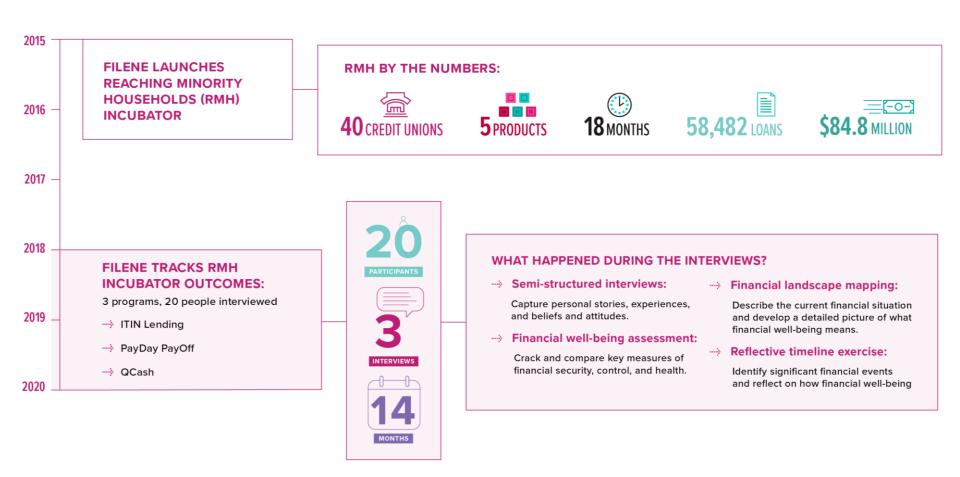


Productivity

HOLISTIC FINANCIAL WELLNESS PROGRAMMING can lessen the burden and counter productivity impacts.



BACKGROUND: REACHING MINORITY HOUSEHOLDS INCUBATOR



PATHWAYS TO FINANCIAL WELL-BEING

Filene tracked the outcomes of three lending programs through the lives of 20 people who participated in the Reaching Minority Households (RMH) Incubator. We share the experiences of those individuals which show the promise and limits of financial inclusion initiatives. Their stories also inform how financial institutions can better support consumers through the Pathways to Financial Well-being Model.

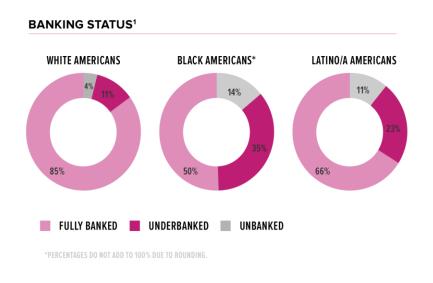


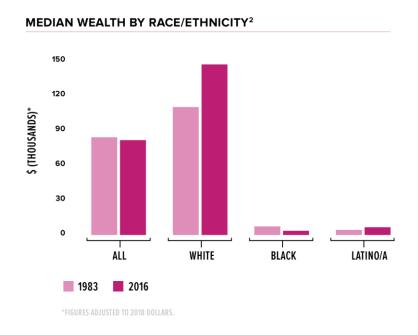
Key Takeaways

- Providing basic access to financial services is important but ultimately insufficient for financially vulnerable consumers to achieve financial well-being. RMH programs were most valuable and impactful when they were embedded in institutional relationships rather than being strictly transactional.
- Financial well-being is complex, financial inclusion must be supported by other interventions targeting stability + security, planning + decision-making, and knowledge + confidence.
- Creating long-term impact requires converting short-term gains into strategies and supports to realize long-term financial goals and provide equitable pathways to financial well-being.

THE CHALLENGE FOR HOUSEHOLDS OF COLOR

Millions of people in the U.S. struggle to pay their bills, save for the future, and have access to affordable financial services. These challenges are exacerbated in households of color, particularly for Latino/a and Black residents.





¹ Federal Reserve Board. 2019. "Report on Economic Well-Being of US Households."

² Collins, Chuck, et. al. 2019. "Dreams Deferred: How Enriching the 1% Widens the Racial Wealth Divide." Institute for Policy Study. https://ipsdc.org/racial-wealth-divide-2019/

SHORT-TERM IMPACT

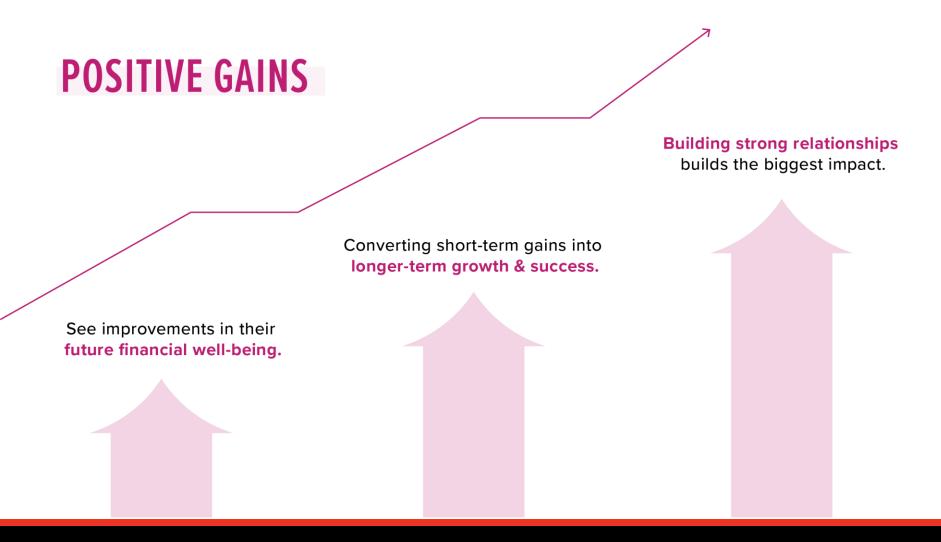
MEETING IMMEDIATE FINANCIAL NEEDS

- Short-term emotional payoff: Increased confidence and optimism.
- Convenience, ease of use, and speed.
- Participants valued programs more when viewed in the context of a broader financial journey.

MISSED OPPORTUNITIES

- --> The dead zone during loan repayment.
- External factors had an impact on perceptions.
- Short-term knowledge outcomes were fleeting.

LONG-TERM IMPACT



THE BOTTOM LINE



ADOPTING NEW ROLES: Service Provider, Coach, Advocate



SERVICE PROVIDER

- Offer affordable, reliable, useful products and services designed to improve financial well-being.
- Design service delivery methods that are clear, culturally competent, and responsive.
- --> Emphasize judgement-free service delivery.
- Do not assume that consumers have extensive prior knowledge or positive experiences with the finance system.
- Provide clear links for consumers between the use of products and services and financial well-being outcomes like increased security through savings or improved credit scores.



COACH

- Embed advising or counseling in service delivery that improves consumer knowledge, confidence, and decision-making.
- Offer practical, time-bound advice with milestones and regular touchpoints.
- Anchor guidance in consumers' own financial goals and perceptions of what constitutes well-being.
- Always try to understand the "why" behind consumers' financial needs and asks.
- Provide support to consumers to map out medium- and long-term plans to achieve financial goals and well-being targets.
- Improve income smoothing and similar approaches that decrease financial vulnerability by increasing capacity to absorb financial shocks.



ADVOCATE

- Raise awareness of the challenges and experiences of your consumers to strategic partners and external stakeholders.
- Develop and use standing in the community to build targeted long-term partnerships (for referrals in and referrals out).
- Support diversity, equity, and inclusion efforts through external-facing communications and internal organizational practices.
- Participate in community conversations to dispel myths about financially vulnerable populations.
- Measure outcomes and share program impact and operational data with regulators, legislators, and decision-makers to shape financial regulation and policy, as well as policy outside a financial institution's typical sphere of influence: housing, food insecurity, domestic violence, incarceration, immigration, and so on.

GET STARTED NOW

- Credit unions play

 a critical role in growing

 stronger communities.
- Build a win-win:
 Serve vulnerable populations and grow financially.
- Create trustworthy,
 enduring relationships
 with vulnerable populations.





CONSUMER FINANCIAL LIVES IN TRANSITION



ELLOW

Dr. Lisa Servon
University of
Pennsylvania

CENTER FOCUS

Strengthen credit unions' capacity to adapt to consumers' changing financial lives and livelihoods as they face new forms of economic struggle and financial fragility.

SPONSORS



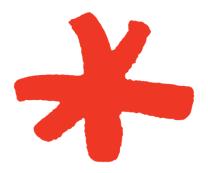






RESEARCH ACTIVITIES

- Study how individuals and families earn, save, spend, borrow, invest, and give across their lifecycles.
- Prepare credit unions for an increasingly diverse consumer base characterized by heightened fragility by building a playbook to better serve consumers' changing needs and expectations.
- Identify new markets such as households and communities of color, veterans and military families, students and multigenerational families, etc.
- Investigate the future of work and business services, from the independent workforce to new forms of small-business entrepreneurship.
- Explore how social media, mobile phones, and other new technologies are changing how people make and manage money.



THINK FORWARD. CHANGE LIVES.

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